

THE ENERGY LEADERSHIP™ INDEX ASSESSMENT

› A Mirror That Reflects Your World

The Energy Leadership™ Index (E.L.I.), delivered in either a self-assessment or 360-assessment format, is a one-of-a-kind assessment that enables leaders to hold up mirrors to their perceptions, attitudes, behaviors, and overall leadership capabilities. The E.L.I. forms the initial launching point for the Energy Leadership™ Development System, helping give you a baseline for your current performance and situation. Whether you proceed through the full system or not, the realizations that you'll gain from the Energy Leadership™ Index assessment and debrief process alone will change the way you view your world.

Background: An Attitudinal Assessment

There are two main types of assessments: Personality and Attitudinal. Personality based assessments are valuable tools that pinpoint certain personality types, strengths and weaknesses. By understanding your personality and how it relates to what you do, you can adapt your behavior to “work with what you have,” to function effectively.

The E.L.I. is an attitudinal assessment, which is based on an energy/action model. This assessment differs from personality assessments as it is not intended to label a person and have them work well within that label. Instead, it measures your level of energy based on your attitude, or perception and perspective of your world. Because attitude is subjective, it can be altered. By working with a coach using the E.L.I., you can alter your attitude and perspective, make a shift in your consciousness, and increase your energy and leadership effectiveness.

As part of the **Energy Leadership™ Index assessment** and debrief process, you'll learn about the 7 levels of leadership and how much energy you currently have in the catabolic-suppressing range and in the anabolic-inspirational range. You'll be debriefed on the findings of the assessment, and coached on how to navigate yourself to higher performance.

If you proceed on to the Energy Leadership™ Development System, you'll be coached on how to become your ideal image of who you need to be as a leader for your situation, division, team, and/or company.

THERE ARE NO LIMITS AS TO THE POTENTIAL GROWTH THAT YOU CAN ACHIEVE.

Once you realize that your level of consciousness is directly related to your actions, you can move from functioning effectively, to functioning optimally.

THE ENERGY LEADERSHIP DEVELOPMENT SYSTEM

› Becoming the Ideal Leader

The Energy Leadership Development System is firmly rooted in 7 levels of awareness, which will catapult your energy and performance to a level that is perceived by all those around you as the “ideal” for your role.

The Energy Leadership Index (E.L.I.) is a one-of-a-kind assessment that enables leaders to hold up mirrors to their perceptions, attitudes, behaviors, and overall leadership capabilities. It is the only assessment of its kind and one that has a complete, clear, customized coaching program associated with it. The coaching program is the Energy Leadership Development System. This system is made of an introduction and twelve developmental segments. The program is completely customized to each leader, and offers a baseline for current level of awareness, performance, and effectiveness. Leaders create their personalized developmental roadmap and quickly progress toward becoming an Ideal Leader.

Building the Foundation

The first part of the Energy Leadership Development System is the foundational segments that help you know where you are, realize where you want to be, and recognize and break through any of the blocks that are in the way of your success.

- Assess yourself with the Energy Leadership Index
- Undertake a program orientation and plan your roadmap
- Learn the 7 levels of leadership
- Identify strengths and gaps to achieve your ideal image
- Identify barriers getting in the way of your success

The 8 Building Blocks of the Energetic Leader

The next 8 segments in your program provide the accelerated training needed to master the areas necessary to become an ideal leader.

- Emotional Intelligence
- Dynamic Communication
- Influencing and Engaging Others
- Problem Solving
- Productivity and Decision Making
- High Energy Relationships
- Health and Wellness
- Time Management and Balance

THE RESULT OF ENERGY LEADERSHIP?

More production, less effort,
with more fulfillment!

The most successful leaders in the world truly enjoy what they do. In fact, when asked, they consistently say that they feel they rarely ever “work.”